

How to register for classes in WellnessLiving:

1. From our website, www.befreeyogatyler.com, click on the “class schedule” link.
2. Our weekly schedule of classes will pop up - hit BOOK NOW for the class you would like to attend, which will then prompt you to sign into wellnessliving.com
3. Login to account or sign up to register for classes!
4. You're all set and should receive a confirmation email to remind you of your booking about 12 hours before your class begins.

If you have any troubles logging into your account, email us at info@befreeyogatyler.com and we can give you a temporary password to use for login. You may also download the ACHIEVE app (available for Android and iPhone) and login with your WL credentials and book from there!